



# INSTRUCTOR GUIDE

Vehicle/Pedestrian Safety

TOPIC: MOTOR VEHICLE AND PEDESTRIAN SAFETY

TIME FRAME: 20 minutes

AUDIENCE: Age 3 – 6 / Preschool - Kindergarten

OBJECTIVES:

- The student will recognize the importance of buckling up every time they ride in a vehicle.
- The student will recognize not to play in or near the street.
- The students will recognize not to cross the street without a grown-up.

MATERIALS NEEDED:

- Video: Safe Kids are Cool Kids – Car Seat Safety
- Visual Aid - Information Sheet –Photos-SeatbeltYES
- Visual Aid - Information Sheet –Photos-Pedestrian

PROCEDURE:

1. Watch video with the group.
2. Discuss the importance of always buckling up. Everyone must buckle up, including firefighters, police officers, racecar drivers, etc.
3. Using Seat Belt Photos, explain that everyone in the car should buckle up, every time, (mom, dad, baby, etc), even when traveling a short distance.
4. Using Seat Belt Photos explain that children should use car seats/boosters at all times.
5. Ask children for examples of places made for children to play (classroom, playground, yard, etc). Ask for examples of places made for cars (street, driveway, parking lot).
6. Explain that places made for cars are not safe for kids. Streets are dangerous: cars go fast, drivers don't always see kids.
7. Review different places just discussed and reinforce that children should never play in or near streets, driveways, or parking lots.
8. Using Pedestrian Photos explain to children that they should only cross the street with a grown-up; also discuss the importance of using crosswalks.

TEACHING TIPS:

- Keep language simple; use terms they will understand (fire engine instead of apparatus).
- Short attention span, be brief and to the point. Only 1-2 messages.
- Kneel or sit to physically get down on their level.
- Repeat key information; have them repeat key information.
- This age likes interaction; they want to be involved. Let them demonstrate and touch.
- Give lots of positive feedback. Praise and encourage often.
- Small groups are easier to manage. Consider breaking large groups into two.

Information provided by the Sacramento Metropolitan Fire District / [sacmetrofire.ca.gov](http://sacmetrofire.ca.gov)  
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